

Clinical Support

Prince George Community
Child and Youth Mental Health and Substance Use Services

Agency Contact Information

| | PGNFC (ACYMH) | Intersect (CYMH) | Foundry |
|--------------------|--|--|--|
| Hours of Operation | Monday to Friday* 8:30-4:30 | Monday to Friday* 8:30-4:30 | Monday-Friday* 10-5:00 |
| Age Range | 1yr to 19yrs | 1yr to 19yrs | 12yrs to 24yrs |
| Phone | 250-564-4324 | 250-562-6639 | 236-423-3881 |
| Location | 1600-3rd Avenue | 1294 3rd Avenue | 1148 7th Avenue |
| Fax | 250-614-7727 | 250-562-4692 | 236-423-3881 |
| Website | www.pgnfc.com | www.intersect.bc.ca | www.foundrybc.ca |



Support for Student and Parents:

During the next few days there will be extended hours, with additional support staff to support students, peers, parents, and families.

HOURS

Monday (May 13) to Friday (May 17) 12:00 – 7:00 pm

Saturday (May 18) 12:00 pm – 4:00 pm

Sunday (May 19) 12:00 pm – 4:00 pm

Monday (May 20) 12:00 pm - 4:00 pm

Crisis Prevention, Intervention & Information Centre for Northern BC

Youth Support Line: 250-564-8336

Toll Free: 1-888-564-8336

Youth Online Chat

<http://www.northernyouthonline.ca>

24-Hour Crisis Line: 250-563-1214

Toll Free: 1-888-562-1214

Suicide Line: 1-800-784-2433 (1-800-SUICIDE)

Kids Help Phone 1-800-668-6868

HealthlinkBC Call 8-1-1

Talk to a nurse any time of the day or night and get trusted health information (dietitian: weekdays, pharmacists: nights)

Online Resources:

Here to Help

Here to Help is a website of the BC Partners for Mental Health and Addictions Information

<http://www.heretohelp.bc.ca/>

jack.org

The only national network of young leaders transforming the way we think about mental health.

<https://www.jack.org/>

Kelty Mental Health Resource Centre

Child and youth information about mental health and mental illness

<http://keltymentalhealth.ca>

Mind Check

Youth information about mental health and mental illness

<http://mindcheck.ca/>

Alateen

Strength and hope for friends and families of problem drinkers

<http://al-anon.org/for-alateen>

Anxiety BC

A Canadian leader in developing online, self-help, and evidence-based resources on anxiety and anxiety disorders.

<https://www.anxietybc.com/>