

**Learn more about how to talk
to your child about suicide**

Local service providers who support mental health and wellness will be onsite to share information on services and how to access support for you, your young person and your family.

Brought to you by:

- Intersect
- Prince George Native Friendship Centre
- Foundry
- Northern Health
- School District 57
- Ministry of Children and Family Development

Find health and wellness resources for the whole family

Please join us for a:

**COMMUNITY CONVERSATION
on Mental Wellness and
Suicide Prevention for Youth
and their caregivers**

WEDNESDAY DECEMBER 5, 2018

6PM TO 7:30PM

(doors open at 5:30pm)

**Centre for Learning Alternatives
3400 Westwood Drive (John McInnis School)**

Child-Minding available - FREE

We invite all members of the community to join us to learn more about how to support mental wellness and talk openly about suicide with youth.

Organizations can book an information table for this event by contacting Leah at Foundry by email at: Leah.Erickson@nbc.ymca.ca or calling 236-423-1571