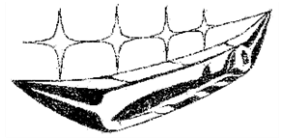


# Nusdeh Yoh – Keeping Your Family Safe



We know this is a stressful time for many of our caregivers and students. The School, School District, Northern Health, and the Provincial Health officer have come up with a plan for the restart of full-time school. What we are doing to keep our students safe at Nusdeh Yoh:

1. Learning Groups
2. Enhanced Cleaning
3. Staff and students stay home when sick
4. Limiting visitors in the building

**Please contact the school if you have questions or concerns**  
**250-562-7201**

## 2. Enhanced Cleaning

- Daytime Custodian to clean while students are at school.
- Ongoing cleaning by support staff in the classroom
- Focus on handwashing and other safe procedures



## 1. Learning Groups

- Groups of students and staff to limit the number people in everyone's 'bubble'
- Two outside lunch play times to create space on the playgrounds
- Staff to wear masks when they can't distance from students in different learning groups
- No sharing of personal items and food



## 4. Visitors in the Building

- Nusdeh Yoh is closed to the public
- All visitors must have an appointment and must follow Northern Health guidelines
- Caregivers must meet their child outside at their entrance



## 3. Sick Procedures

- Caregivers asked to assess their child each morning. Contact 811 if symptoms of COVID (can include dry cough, fever, sore throat and headache)
- Staff and Students to stay home if symptoms of cold, flu, or COVID-19
- Students who develop symptoms at school will be isolated in a comfortable room while caregiver is contacted to pick up



Stay Home When Sick



Assess for Symptoms

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Daily Health Check			
1. Key Symptoms of Illness*	Do you have any of the following new key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is **recommended but is not done** because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered “YES” to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

**A health-care provider note (i.e. a doctor’s note) should not be required to confirm the health status of any individual.**

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