



NUSDEH YOH DUSTL'US

Check out our website at... www.sd57.bc.ca/school/nyoh/



SERVICES & OPPORTUNITIES

Q: StrongStart – ages 0 to 5

A: Yes - Contact Leah Kobyłka

Q: Breakfast Program

A: Yes - Offered daily to all students

Q: Lunch Program

A: Yes – \$20/month – please see Bonnie

Q: Afterschool Activities

A: Yes – see attached schedule

Q: Nurse Practitioner

A: Yes – Tuesdays – please see Bonnie

Q: COVID Testing

A: Yes – Central Interior Native Health – see Bonnie

Hadih (Hello),

Welcome to 2021. We hope everyone was able to make the best of the Winter Break and make some new memories, given our current restrictions.

Sadly, we were unable to host our Christmas Concert or welcome families for our Santa Breakfast this year, but we were still able to enjoy some festive school events leading up to the break. We did some school-wide Christmas carolling and watched a movie through Zoom, we enjoyed a Christmas breakfast in our learning groups, and Santa made a virtual visit and toured the school in a COVID safe way. We look forward to welcoming families back to school events when it becomes safe to do so.

Although we need to ask our caregivers to wait outside at this time, we are always ready to see and connect with you. Please stop by if you would like to meet with any of us to discuss your child's learning or if you have any questions regarding safety at school.

Snachailya - Liza & Richard

Winter Weather

We have had some unpredictable weather this year. Please ensure your child is dressed for the weather each day. Students don't enter the school until 8:50am. Please try to arrive as close to 8:45am as possible, in order to help maintain our safety protocols.

In the event of severe weather, students will enter the building when they arrive. Please be sure they use their learning group door. The front entrance is for students who arrive after 8:50am.



Learning Feasts

Our Red and Black learning groups held the first two learning feasts of the year. Although we had to make some COVID changes to ensure safety of all staff and students, the feasts were a huge success. Our Yellow and White learning groups will be hosting their learning feasts in the coming months.

We are excited to once again invite other schools to our feasts once safe to do so.





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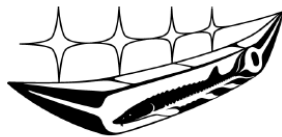
Nusdeh Yoh Newsletter

February & March 2021



Outstanding attendance this year – Less than 8 days missed!

- Jazmin
- Tamsin
- Dayton
- Benedict
- Julie
- Seanna
- Paxton
- Faye
- Connor
- * John
- * Lovleen
- * Marlon
- * Serenity
- * Aaliyah
- * Zakk
- * Kayden
- * Dean
- * Sahil
- * Denise
- * Michelle
- * Pauline
- * Nevaeh
- * Skyler
- * Devon H.
- * Terrance
- * Averie
- * Carter
- * Brent
- * Olivea
- * Jesslynn
- * Alisha
- * Kendra
- * Myla
- * Aleah
- * Cara-Lynn



Nusdeh Yoh: Fun with Friends!

** January 2021 Schedule - Permission Forms Must be Returned to Participate*

4 Program Options

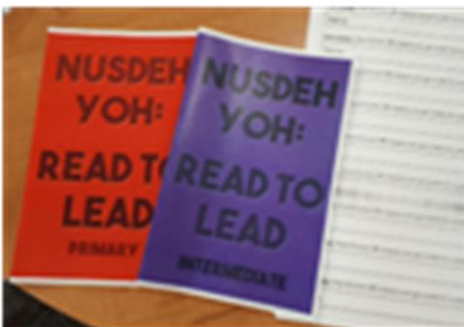
	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Right to Play (Gr. 4-7) Contact: Trenea Beauchamp Indigenous Education Worker	2:30 - 4:00pm	No Programs	Vanda & Dawn	Marianne & Leon	Vanda & Dawn	No Programs
Afterschool Arts & Sports (Gr. 1-3) Contact: Alison Thibodeau Community School Coordinator Support Staff: Louella, Jodee, Leanne & Brittney 15 student maximum	2:30-3:30pm	Marianne & Leon ARTS (Mrs. T)	Marianne & Leon SPORTS (Gym)	Brenda & Cheryl ARTS (Mrs. T)	Brielle, Denon & Sonya ARTS (Mrs. T)	Marianne & Leon ARTS (Mrs. T)
Bear Den Activities (Gr. 1-7) Contact: Imani Miller & Godwin Barton Indigenous Education Workers	2:30-3:30pm	No Programs	No Programs	Indigenous Story Telling Brielle, Denon & Sonya	Young Warriors Leon & Marianne	No Programs
Cooking Club (Gr. 3-7) Contact: Maria McRae & Leslie Pion Youth Care Workers 10 student maximum	2:30-3:30pm	No Programs	Marianne & Leon	No Programs	Marianne & Leon	No Programs



IMPORTANT DATES

Feb. 5 th	NID – No School
Feb. 15 th	Family Day – No School
Feb. 24 th	Pink Shirt Day – Anti-Bullying
Mar. 19 th	Spring Break Starts
Apr. 2 nd	Good Friday – No School
Apr. 5 th	Easter Monday – No School
Apr. 6 th	Back to School
Apr. 23 rd	NID – No School
May 4 th	Early Dismissal @ 1:30pm
May 5 th	Early Dismissal @ 1:30pm

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Please encourage your child to “Read to Lead”! As they read, they can fill out ballots to enter our monthly draw and win prizes 😊

Our focus – the Circle of Courage...

BELONGING

- I show respect for others
- I respect myself
- I participate in my learning
- I express my feelings appropriately

Moose, Wolf, Sabe

INDEPENDENCE

- I am confident (Belief in Self)
- I don't give up (Growth Mindset)
- I set a good example for others
- I begin tasks on my own

Bear, Butterfly, Salmon

GENEROSITY

- I share with others
- I help others when needed
- I include others
- I show understanding when things are difficult for others

Coyote, Eagle

MASTERY

- I learn with others
- I think creatively by trying new things
- I think critically by considering other opinions and using facts to support my opinion
- I solve problems respectfully

Beaver, Caribou





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Daily Health Check for Students

This tool is for parents and caregivers to assess their child prior to coming to school.

Parents and caregivers are required to assess their child daily **BEFORE** sending the child to school.

Daily Health Check			
1. Key Symptoms of Illness*	Does your child have any of the following new key symptoms?		
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Has your child returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Is your child a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when your child feels well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of illness' or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and your child's symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is **positive**, your child should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is **negative**, your child can return to school once symptoms have improved and your child feels well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless the child develop a new illness.
- If a COVID-19 test is **recommended but is not done** because you choose not to have the test, or you do not seek a health assessment when recommended, and your child's symptoms are not related to a previously diagnosed health condition, your child should stay home from school until 10 days after the onset of symptoms, and then your child may return if your child is feeling well enough.

If a COVID-19 test is not recommended by the health assessment, your child can return to school when symptoms improve and the child feels well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if your child should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.