



• F O U N D R Y •

PRINCE GEORGE

Parent Caregiver Information Session

Join us at Foundry for our information session, open to parents, caregivers, and family members who are supporting a young person ages 12-24 years who is living with mental health or substance use challenges.

Dates:

October 29th - Understanding Depression

November 26th - Understanding Anxiety

December 10th - Understanding Substance Use

Time: 6:30pm - 8:00pm

Location: Foundry - Prince George, 1148 7th Avenue

Registration is appreciated but not required.

Call, email, or visit us at Foundry for more information.

236 423 1571 • claberge@pgnfc.com

