

Clinical Support

Prince George Community
Child and Youth Mental Health and Substance Use Services

Agency Contact Information

	PGNFC (ACYMH)	Intersect (CYMH)	Foundry
Hours of Operation	Monday to Friday* 8:30-4:30	Monday to Friday* 8:30-4:30	Monday-Friday* 10-5:00
Age Range	1yr to 19yrs	1yr to 19yrs	12yrs to 24yrs
Phone	250-564-4324	250-562-6639	236-423-3881
Location	1600-3rd Avenue	1294 3rd Avenue	1148 7th Avenue
Fax	250-614-7727	250-562-4692	236-423-3881
Website	www.pgnfc.com	www.intersect.bc.ca	www.foundrybc.ca



Crisis Prevention, Intervention & Information Centre for Northern BC

Youth Support Line: 250-564-8336
Toll Free: 1-888-564-8336

Youth Online Chat

<http://www.northernyouthonline.ca>
24-Hour Crisis Line: 250-563-1214
Toll Free: 1-888-562-1214
Suicide Line: 1-800-784-2433 (1-800-SUICIDE)

Kids Help Phone 1-800-668-6868

HealthlinkBC Call 8-1-1

Talk to a nurse any time of the day or night and get trusted health information (dietitian: weekdays, pharmacists: nights)

Online Resources:

Here to Help

Here to Help is a website of the BC Partners for Mental Health and Addictions Information
<http://www.heretohelp.bc.ca/>

jack.org

The only national network of young leaders transforming the way we think about mental health.
<https://www.jack.org/>

Kelty Mental Health Resource Centre

Child and youth information about mental health and mental illness
<http://keltymentalhealth.ca>

Mind Check

Youth information about mental health and mental illness
<http://mindcheck.ca/>

Alateen

Strength and hope for friends and families of problem drinkers
<http://al-anon.org/for-alateen>

Anxiety BC

A Canadian leader in developing online, self-help, and evidence-based resources on anxiety and anxiety disorders.
<https://www.anxietybc.com/>