

For families supporting learning at home:

I can be proud that I have been teaching my child since the beginning.

I can be gentle and kind to myself as I support my family's learning *in this pandemic*.

I can decide how much our family will do to be happy and healthy.

I can guide and support my child's choices and allow the day to flow.

I can help my child identify and deal with their complex emotions while they learn.

I can recognize my child is learning through play (creative exploration), experiences and relationships.

I can encourage my child to build connections to the place we live.

I can listen as my child shares their learning.

I can listen as my child talks about their thinking.

I can celebrate our learning.

Inspired by

