



DECEMBER 2020
PRINCIPAL: MS. P. DAVIS

THE VES BUZZ

VALEMOUNT ELEMENTARY SCHOOL
1445 7TH AVE., VALEMOUNT, BC; V0E2Z0
PHONE: 250-566-4427



VES MONTHLY MESSAGE

"We wish you a Merry Christmas, we wish you a Merry Christmas, we wish you a Merry Christmas and a Happy New Year!" December is a very quick month at the Elementary School, we only have 18 days to wrap up 2020.

Due to the COVID-19 pandemic, we will not be able to host our annual Christmas Concert in the same fashion as we previously have. We would however like to leave you for the Christmas break with a video collage of photos from our students and staff. This video will be available via zoom. We hope that you enjoy watching it with your family!

We will be hosting a virtual book fair this year. As no members of the public etc. are permitted in the school, we are choosing to host a virtual book fair to ensure access to the fair is provided to our families. You will simply login to the below address, create an account, and using your credit card you will be able to purchase items online. As in previous years, VES receives a portion of the funds and with that money we are able to purchase new books for each classroom.

To visit our virtual fair please go to: <https://virtualbookfairs.scholastic.ca/pages/5152271>

A big thank you to Dr. Godlewski and Dr. Card for coming into our school last month to complete the "Be Active Everyday" campaign through the Doctors of BC. This program is designed for elementary schools and helps to get kids excited about being active and making healthier lifestyle choices. This program also helps to establish positive relationships between children and doctors and to facilitate a trust with the medical system. This is the second year our school has participated in this program and the feedback has been worthwhile. Hope to see you next year doctors, can't wait for your next song!

Thank you for being supportive and positive through this year. 2020 has filled everyone's cup with challenges and as a school and a community, we have been able to build and lift everyone up. This behaviour is mirrored in your children and the difference is noticeable. I think that while we take a break from our school lives, we can use this time to really think about how we can make 2021 a more positive and uplifting year. However you choose to spend your time this Christmas break, either hunkering down at home and building up your current relationships with your loved ones, or reaching out to other community members and building new relationships, do so knowing you are representing your family, your community and your school. During trying times we should "not ask for a lighter load but a stronger back" (*Jewish proverb*). We are a strong school and a strong community, made up of strong people and families; those who cannot need us the most at this time.

We look forward to seeing you in the New Year and hearing about how you chose to spend your time off. I am sure we will have many great stories to tell and listen to!

DATES TO REMEMBER:

NOV 30-DEC 4— COHORT #1 ARTWORK AT SENIORS HALL

DEC 3— LEARNING REPORTS GO HOME

DEC 7— PHOTO RETAKES 9:00 AM

DEC 7-11— COHORT #2 ARTWORK AT SENIORS HALL; VIRTUAL BOOK FAIR
[HTTPS://BOOKFAIRS-CANADA.MYSTOPIFY.COM/PAGES/5152271](https://bookfairs-canada.mystopify.com/pages/5152271)

DEC 10— PAC HOT LUNCH: CHILI WITH A BUN (BEST WESTERN)

DEC 14-18— COHORT #3 ARTWORK AT SENIORS HALL

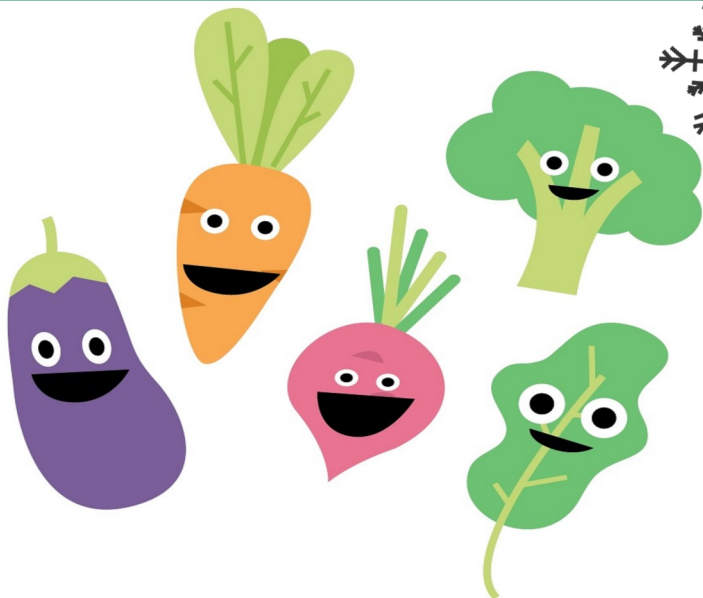
DEC 21-JAN 3— CHRISTMAS BREAK; NO SCHOOL



MERRY CHRISTMAS



OPTIMIST: SOMEONE WHO FIGURES THAT TAKING A STEP BACKWARD, AFTER TAKING A STEP FORWARD IS NOT A DISASTER, IT'S MORE LIKE A CHA-CHA



KINDERGARTEN REGISTRATION 2021/2022:

Children whose fifth birthday falls on or before **December 31, 2021** are eligible to enter Kindergarten in September 2021. Registration must be completed through our online form, a link to the online form will be provided on this page once registration begins. Staff at the schools are available to assist with accessing the online form if needed. Once the online application has been submitted, completed registration forms along with all required documents need to be submitted to the school to complete the registration.

REQUIRED DOCUMENTS ARE:

Birth Certificate original, Proof of address, Care Card or BC Services Card

Just a reminder to please stay off of the snow piles located around the school during school hours. This is a safety concern as the piles are close to the road and it very difficult to see children on or around them by the passing motorists.

LOOK OUT FOR CHANGES! SEE DATES BELOW...

DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Dec. 21 - Jan. 1: Winter Break
 December 25: Christmas Day
 December 28: Boxing day stat

JANUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 1: New Years Day
 January 4: Back to school

BE ACTIVE EVERYDAY CAMPAIGN 2020

Yo Yo my name is G-Flat n'
 I'm here to kick it with you 'bout veggies
 Cucumber, strawberry, milks, n' cheeses
 They keep away my coughs and my sneezes
 Bell peppers, broccoli, some kale chips too
 A sandwich, a soup, enough for me n' you
 Dab it, kick it, give it a whirl
 A push up, a sit up, n' bicep curl
 Dab it, kick it, give it a twirl
 A push up, a sit up, n' a bicep curl

Zucchini, n' carrots, n' celery, ya they're all best friends on my spaghetti
 Apples, bananas, n' pears Nah! Nah! Elevator, I'm taking the stairs!
 Dab it, kick it, give it a whirl
 A push up, a sit up, n' bicep curl
 Dab it, kick it, give it a twirl
 A push up, a sit up, n' a bicep curl

Veggies on my burger, veggies on my fries
 Puttin' veggies on my veggies, can you sympathize?
 I wanna live long, I wanna be strong, I wanna play hard, is that so wrong?
 Dab it, kick it, give it a whirl
 A push up, a sit up, n' bicep curl
 Dab it, kick it, give it a twirl
 A push up, a sit up, n' a bicep curl

(Written and performed by Dr. Kat Godlewski)

THANK YOU!!



Engage Sport North, a Northern BC founded company based out of Prince George, helps to advance sports participation and development. During their recent

visit to our school last month they provided us with an phenomenal opportunity for access to Physical Literacy. Your child will be receiving a bag of goodies in the month of December that contains a multitude of exciting items. These are yours to keep, and for your child to use at home. This initiative was created to help keep our children moving and active. During the very fluid stage our world is in at the moment, it seems essentially vital to keep our students moving and engaged. This company is aiming to bridge that gap and help our schools in any way they can, an awesome thing to offer. For that, and for the spectacular loot, we say thank you!

AFTER SCHOOL ACTIVITIES:

- Tuesday**
- Art Club for Ms. Dorio and Ms. Tegart's classes 2:15-3:30 PM
 - Volleyball Club for Mr. Coyle and Mr. Winzer's classes 2:15-3:30 PM
- Wednesday**
- Dance Club for Mr. Winzer and Mr. Coyle's classes 2:15-3:30 PM
 - Volleyball Club for Mr. Coyle and Mr. Winzer's classes 2:15-3:30 PM

The last day for volleyball will be:
WEDNESDAY DECEMBER 2ND!

The last day for dance and art club will be:
WEDNESDAY DECEMBER 16TH!

