

THE STRONGSTART PROGRAM

- Is free
- Offers a school-based, high quality early learning opportunity for children and their caregivers.
- Encourages problem-solving skills, self-esteem building practices, and social skills that help children succeed in school and lay a foundation for life-long learning.
- Enhances school and emotional growth in children through play.
- Is a program that recognizes that the parent is the first and most important teacher in a child's life and that increased parental involvement contributes to a positive schooling experience
- Is facilitated by an Early Childhood Educator.

StrongStart Centres are at the following schools:

Nusdeh Yoh
Harwin
Heather Park
Malaspina
Morfee (Mackenzie)
Peden Hill
Ron Brent
Quinson
Spruceland
Blackburn
Buckhorn
Beverly
Nukko Lake
McBride Centennial



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School District No. 57
250-561-6800

www.sd57.bc.ca

StrongStartBC

School District No 57



A Free Early Learning
Parent Participation
Program



School District No. 57
(Prince George)

LEARNING FOR LIFE



What age does a child need to be to attend?

StrongStart is open to all children ages 0-5 years.

Do I have to stay at StrongStart?

Yes, the StrongStart program is a Parent Participation program and the parent needs to stay in the room with the child(ren).

What do I need to register?

Your child's birth certificate. You can complete a registration form when you drop-in.

What days can we attend StrongStart?

The program is drop-in. You may attend whatever days and times work best for your family. Each StrongStart has different hours. Please contact the school or the School Board Office more information about days and times.

Discovery, Play and Exploration

Parents and children have the opportunity to discover and learn through toys, dress-up and free play time



Creativity and Exploration

Children can explore the world around them through painting, gluing, cutting, playdough, creative art and exploration opportunities.



Circle Time

A time for the children and adults to come together for stories, singing, dancing, and games.



Gym

A time for children to develop big body skills such as running, jumping, catching, playing and balancing.



Snack

A free daily nutritional snack is provided for the children.



The years between 0 and 5 are an important time in a child's life.

The early experiences that children have influence their future health, well-being, and life-long learning.

Research has shown that children who have had exposure to language and play based early learning experiences are more likely to develop skills that can support their success in school and lifelong learning.

Play is a child's way of exploring and discovering their environment. A child's play is one of the greatest learning tools.

Come to a StrongStartBC center to learn and play with your child(ren).

