

# SD57 Indigenous Education Monthly Planner 2020-2021



**SCHOOL DISTRICT NO. 57 (PRINCE GEORGE)  
INDIGENOUS EDUCATION**

#102 - 155 MCDERMID DRIVE, PRINCE GEORGE, B.C. V2M 4T8  
PHONE: 250-562-4843 • FAX: 250-561-2520

[WWW.SD57.BC.CA/IE/IEKK\\_AJIB](http://WWW.SD57.BC.CA/IE/IEKK_AJIB)



# SD57 Indigenous Education

Honouring and respecting the beautiful ancestral lands, cultures and people of the Lheidli T'enneh, McLeod Lake Indian Band and Simpcw First Nation through the work we do with our communities.



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[www.sd57.bc.ca/school/abed/](http://www.sd57.bc.ca/school/abed/)



**School Board Office** 250-561-6800  
**Indigenous Education Office** 250-562-4843

**Bell, Mauri - IEW Transitions** ext. 216  
**Benoit, Shendah - VP Academics** ext. 215  
**Browne, Amber - CHSS SW** 250-964-4431  
**Carter, Angela - Indig. Ed. Supervisor** ext. 222  
**Chouinard, Marnie- DPSS SW** 250-563-7124  
**Creyke, Louise - PGSS SW** 250-562-6441  
**Gomes, Mike - Indig. Ed. Supervisor** ext. 203  
**Hendrickson, April - SW Coordinator** ext. 214  
**Laboucan, Daphne - SW DP Todd** 250-562-9525  
**Little, Brandi - Sr. Secretary** ext. 200  
**Lodge, Nicole - SW DPSS** 250-563-7124  
**Lunden, Patricia - IEW Youth Leadership** ext. 204  
**Morin, Melissa - IEW RRP** ext. 206  
**Pepin, Noelle- District Resource Teacher** ext. 218  
**Phillips, Colton - IEW Spareboard** 250-563-4208  
**Pighin, Jennifer - VP Language & Culture** ext. 205  
**Potskin, Lance - Northern Huskies Sports** ext. 211  
**Provencher, Lisa - IEW Early Learning** ext. 208  
**Rake, Holly - Business Manager** ext. 202  
**Sanderson, Angela-IEWCulture & Indigenous Knowledge** 250-564-6574  
**SeymourHoward-Gibbon, Bonita- IEW Elders & Language** 250-564-6574  
**Spooner, Pam - Director of Instruction** ext. 201  
**Third, Stacey - SW Shas Ti / KRSS** 250-962-9271  
**Whitehawk, Crystal - IEW Transitions** ext. 217

**Website:** [www.sd57.bc.ca/school/abed/](http://www.sd57.bc.ca/school/abed/)  
**Twitter:** @SD57Indigenous  
**Instagram:** @SD57Indigenous  
**Facebook:** SD57 Indigenous Education

### Other Contacts:

**Lheidli T'enneh First Nation** 250-963-8451  
[info@lheidli.ca](mailto:info@lheidli.ca) | [www.lheidli.ca](http://www.lheidli.ca)

**McLeod Lake Indian Band** 250-750-4415  
[www.mlib.ca](http://www.mlib.ca)

**Simpco First Nation** 250-672-9995  
[www.simpco.com](http://www.simpco.com)

**Prince George Métis Association** 250-612-2963  
[www.pgmca.ca/](http://www.pgmca.ca/)

**PG Native Friendship Centre** 250-564-3568  
[www.pgnfc.com](http://www.pgnfc.com)

### Resources:

**Lheidli Language**  
[www.billposer.org/LheidliCarrierDictionary/](http://www.billposer.org/LheidliCarrierDictionary/)

**First Voices** [www.firstvoices.com](http://www.firstvoices.com)  
\*see regional languages i.e. Tse'Khene (McLeod Lake)  
\*see also the *Tse'khene (McLeod Lake)* language app.

**Prince George District Teachers Association**  
[www.pgdta.ca/indigenous.html](http://www.pgdta.ca/indigenous.html)

**BC Teachers Federation Indigenous Education**  
[www.bctf.ca/AboriginalEducation/](http://www.bctf.ca/AboriginalEducation/)

**Ministry of Education - Indigenous Education**  
[www.curriculum.gov.bc.ca/curriculum/indigenous-education-resources](http://www.curriculum.gov.bc.ca/curriculum/indigenous-education-resources)

## frequent CONTACTS

NAME:

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# Dakelh Words of the Week

Month	Week 1 (month)	Week 2	Week 3	Week 4
September	<a href="#">Nadleh Yaz Nun</a> "Time of the Small Sockeye Run"	'udzi <a href="#">'ulhtus</a> "strong-hearted" can be used for Courage	<a href="#">Sus</a> "bear"	<a href="#">Dak'et</a> "Fall"
October	<a href="#">Lhewh Nadleh Nun</a> "Time of the Whitefish Run"	'uts'odelhti "we honour" can be used for Respect	Hoogha'onlih "giving or they are giving"	<a href="#">Mussih Cho</a> "big thank you"
November	<a href="#">Benats'ukuiah Nun</a> "Time of the Landing of the Boats"	<a href="#">Whunalhunih</a> "to remember"	<a href="#">Whunih</a> "wisdom"	Hooghahoonli "be careful"
December	<a href="#">'Eldzi Yaz Nun</a> "time of the small moon"	Bedzinzoo "they (1) have a good heart." It takes a good heart to have Humility	<a href="#">Yus</a> "wolf"	Christmas Break <a href="#">Khui</a> Noye "Winter Fun"
January	<a href="#">'Eldzi Cho Nun</a> "time of the big moon"	N'unwhutulhdelh "something you throw away" can be used for Forgiveness	<a href="#">Chuntulhi</a> "Coyote"	<a href="#">Khui</a> "Winter"
February	<a href="#">Yussul Nun</a> "time of the Small Snowflake"	<a href="#">Ts'ih'un</a> 'unt'oh "he is straightforward" can be used for Honesty	<a href="#">Ts'esdlos</a> "Bigfoot/Sasquatch"	Nawhulnuk "storytelling"
March	<a href="#">Datsan Nandel Nun</a> "time When the Crows Return"	<a href="#">'unk'essi</a> "Love"	<a href="#">Tsibalyan</a> "Eagle"	Spring Break <a href="#">'olulh</a> noye "spring fun"
April	<a href="#">Dulats'ek Nun</a> "time the Cottonwood Buds"	Ndaja ts'ut'en can be used for Compromise	<a href="#">Whudzih</a> "caribou"	<a href="#">'olulh</a> "Spring"
May	<a href="#">Dugoos Nandel Nun</a> "Time of The Suckerfish Run"	'uchah "Hope"	<a href="#">Tsagwelht'ah</a> "Butterfly"	Ts'unawhule "harvesting"
June	<a href="#">Dai Nun</a> "time When the Food Runs Out"	<a href="#">Beni 'ulhtus</a> "Determination/Strong Mind"	<a href="#">Lhukw / Talukw</a> "Fish / Salmon"	<a href="#">Shen</a> "Summer"

# Frequent Words and Phrases Dakelh | English | Tse'khene

[Hadih](#) | **Hello** | *Danachea*  
*Bunda hoonzoo* | **Good Morning** | TBA  
*Dzenis Hoonzoo* | **Good Day** | TBA  
*Hulgha Hoonzoo* | **Good Night** | TBA  
*Danint'oh* | **How are you?** | *Dan'che'a*  
*Soo'nust'oh* | **I am well** | *Sasch'e*  
*Dawhut'en* | **What is happening?** | *Da wu'ja*  
*'anih* | **Come here** | *gwudzuh*  
*sinda* | **Sit down** | TBA  
*sinyen* | **Stand up** | TBA  
*Mussih* | **Thank You** | *Mussi*  
*Mussicho* | **Thank you very much** | *Mussi Cho*  
*Nanyoost'en* | **See you later** | TBA  
**Dzen Hoonzoo Hoont'i** | **Happy Birthday** | TBA  
*a* | **yes, okay** | *a'ha*  
*'andooh* | **no** | *Ye'kha*  
*'ilhuk'ui* | **One** | *lhughe*  
*nankoh* | **Two** | *okch'ee*  
*tagi* | **Three** | *taduch'ee*  
*dunghi* | **Four** | *jinch'ee*  
*skwunlai* | **Five** | *tlahajo ch'ee*  
*lhk'utagi* | **Six** | *ihtsa taduch'ee*  
*lhtak'alt'i* | **Seven** | *ihtsataduch'ee lhughe mutah su'bee*  
*lhk'utdunghi* | **Eight** | *ihtsa jinch'ee*  
*lhuk'ui hooloh* | **Nine** | *intsa jinch'ee lhuge mutah su'bee*  
*lanezi* | **Ten** | *k'enech'ee*  
*Dulk'un* | **Red** | *Duduli*  
*Kwun dot'en* | **Orange** | *Kwun'ehch'i*  
*Dultso* | **Yellow** | *Dunatso'i*  
*Dutl'uz* | **Green** | *Dutl'udzi*  
*Mai dot'en* | **Blue** | *Dubedzi*  
*Maitoo dot'en* | **Violet** | *Dujili*  
*Dulhgus* | **Black** | *Dah'gasi*  
*Yun dot'en* | **Brown** | *Dah'jidi*  
*Lhuyul* | **White** | *Duk'ali*  
*Dulgui* | **Grey** | *Dudle'dzi*  
*'awet zeh* | **That is all** | TBA

CLICK ON THE WORD FOR THE LINK TO THE AUDIO FILE FOR PRONUNCIATION

## Additional Community Service Providers

<b>Aboriginal Business &amp; Community Development Centre</b>	<b>250-562-6325   <a href="http://www.abdc.bc.ca">www.abdc.bc.ca</a></b>
<b>Aboriginal Patient Liaison Worker - Carol Ryan</b>	<b>778-349-1348   <a href="mailto:cryan@csfs.org">cryan@csfs.org</a> <a href="http://www.indigenoushealthnh.ca/initiatives/APLs">www.indigenoushealthnh.ca/initiatives/APLs</a></b>
<b>Aboriginal Resource Centre - College of New Caledonia</b>	<b>250-562-2131   <a href="mailto:arc@cnc.bc.ca">arc@cnc.bc.ca</a>   <a href="http://www.cnc.bc.ca">www.cnc.bc.ca</a></b>
<b>Association Advocating for Women and Community</b>	<b>250-563-5531   <a href="http://www.awacshelter.org">www.awacshelter.org</a>   <a href="mailto:info@awacshelter.org">info@awacshelter.org</a></b>
<b>Carrier Sekani Family Services</b>	<b>250-562-3591   <a href="http://www.csfs.org">www.csfs.org</a></b>
<b>Carrier Sekani Tribal Council</b>	<b>250-562-6279   <a href="mailto:reception@cstc.bc.ca">reception@cstc.bc.ca</a>   <a href="http://www.carriersekani.ca">www.carriersekani.ca</a></b>
<b>Central Interior Native Health Society</b>	<b>250-564-4422   <a href="mailto:info@cinhs.org">info@cinhs.org</a>   <a href="http://www.cinhs.org">www.cinhs.org</a></b>
<b>Crisis Line for Northern BC 24hr.</b>	<b>1-888-562-1214</b>
<b>Youth Crisis Line for Northern BC 24hr.</b>	<b>1-888-564-8336</b>
	<b>Text 4-10pm only 520-564-8336</b>
<b>Crisis Services Canada 24hr</b>	<b>1-833-456-4566</b>
	<b>Text "Start" to 45645 4pm - midnight</b>
<b>Crisis Intervention and Suicide Prevention Centre of BC</b>	<b>1-800-SUICIDE (1-800-784-2433)</b>
<b>Kid's Help Phone</b>	<b>1-800-668-6868</b>
<b>Seniors Distress Line</b>	<b>1-604-872-1234</b>
<b>First Nations Centre - University of Northern British Columbia</b>	<b>250-960-5772 <a href="http://www.unbc.ca/aboriginal-resource-dati/first-nations-centre">www.unbc.ca/aboriginal-resource-dati/first-nations-centre</a></b>
<b>First Nations Health Authority</b>	<b><a href="http://www.fnha.ca">www.fnha.ca</a></b>
<b>Foundry</b>	<b>236-423-1571   <a href="http://foundrybc.ca/princegeorge">foundrybc.ca/princegeorge</a></b>
<b>Hadih house</b>	<b>250-563-7976</b>
<b>Kikino Métis Children &amp; Family Services</b>	<b>250-563-1663   <a href="http://www.kikino.org">www.kikino.org</a></b>
<b>Métis North Central Employment &amp; Training Office</b>	<b>250-561-2754   <a href="http://www.mnbc.ca">www.mnbc.ca</a>   <a href="mailto:kerickson@mnbc.ca">kerickson@mnbc.ca</a>   <a href="mailto:aogden@mnbc.ca">aogden@mnbc.ca</a></b>
<b>Native Courtworkers &amp; Counseling Association of BC</b>	<b>250-562-9513   <a href="http://www.nccabc.ca">www.nccabc.ca</a></b>
<b>Nezul Be Hunuyeh Child &amp; Family Services Society</b>	<b>250-561-0790   <a href="http://www.nezulbehunuyeh.ca">www.nezulbehunuyeh.ca</a></b>
<b>Northern Health - Indigenous Health</b>	<b>250-649-7226   <a href="mailto:Indigenous.Health@northernhealth.ca">Indigenous.Health@northernhealth.ca</a> <a href="http://www.indigenoushealthnh.ca">www.indigenoushealthnh.ca</a></b>
<b>Parent Support Services Society of BC</b>	<b>250-962-0600   <a href="mailto:parentnorth@shaw.ca">parentnorth@shaw.ca</a>   <a href="http://www.parentsupportbc.ca">www.parentsupportbc.ca</a></b>
<b>PG Native Friendship Centre / Healing Centre</b>	<b>250-564-3568 / 250-564-3568   <a href="http://www.pgnfc.com">www.pgnfc.com</a></b>
<b>PG Nechako Aboriginal Employment &amp; Training Association (PGNAETA)</b>	<b>250-561-1199   <a href="http://pgnaeta.bc.ca">pgnaeta.bc.ca</a></b>
<b>Phoenix Transition House 24hr.</b>	<b>250-563-7305   <a href="mailto:Phoenix@shaw.ca">Phoenix@shaw.ca</a></b>
<b>Positive Living North - No Kheyah T'sih'en T'sehena Society</b>	<b>250-562-1172   <a href="http://www.positivelivingnorth.org">www.positivelivingnorth.org</a></b>
<b>Salvation Army</b>	<b>250-564-4000   <a href="http://www.sapg.ca">www.sapg.ca</a></b>
<b>St. Vincent's</b>	<b>250-564-7871   <a href="http://ssvdppg.com/home.html">ssvdppg.com/home.html</a></b>
<b>PG Urban Aboriginal Justice Society (PGUAJS)</b>	<b>250-596-7928   <a href="http://pguajs.ca">pguajs.ca</a>   <a href="mailto:pguajs@shaw.ca">pguajs@shaw.ca</a></b>