



January 10, 2022

Quinson Elementary School

251 Ogilvie St. South, Prince George, BC

250-562-1161

www.quin.sd57.bc.ca

Principal: Andrew Bond

Vice-Principal: Nicole Polhuis

Hadih Parent(s)/Guardian(s), Staff, and Students

Happy New Year and welcome back! We are looking forward to having all the students back in the building! Although we have some new COVID Safety Protocols and Procedures, we are ready and excited to immerse ourselves in learning activities and engage in the excitement and opportunity that a New Year brings.

A big thank you goes out to all students who participated in the Winter Concert, Mrs. Westaway for taking the lead in organizing, and for all staff who helped students practice, decorate, and record. We hope that next year we can have everyone at the school to celebrate the season in person!

As you are aware, we spent last week working as a staff to update COVID protocols and put a plan together to prevent a Functional School Closure, as well as prepared for Continuity of Learning if a Functional School needs to take place. We have put plans in place to do everything we can to stay functional, which includes combining students in classes so there is enough supervision to keep everyone safe.

The following pages in this document outline some site specific COVID-19 Safety Protocols. Some are reminders and others new to the 2021-22 school year. In addition, you can access all updated policies and procedures for School District 57 Communicable Disease Guidelines at:

<https://www.sd57.bc.ca/Documents/2022.01.04%20SD%2057%20Communicable%20Disease%20Guidelines%20for%20K-12%20Settings.pdf>

Please continue to do the Daily Health Check with your child each morning (attached) and keep your child home if they are sick or showing symptoms listed in the Health Check.

If you have any questions about any of the information in the newsletter, please contact the school.

Important Dates

Jan 10 – School is back in session

Jan 10 – PAC Meeting (6:30-Zoom)
<https://ca01web.zoom.us/j/68952895945?pwd=WHZDNjgvemFUSHU2cWJYSVhka0duZz09>

Meeting ID: 689 5289 5945
Passcode: 573746

Jan 31 – Pro D Day (no school)

Feb 17– Primary Report Writing Day

Feb 21 – Family Day (no school)

Feb 23 – Pink Shirt Day

Mar 14 – March 25 – Spring Break (no school)

March 28 – School is back in session

April 15 – Good Friday (no School)

April 18– Easter Monday (no school)

April 29 – Pro D Day (no school)

May 23 – Victoria Day (no school)

June 28 – Last Day of School

Mr. A. Bond
Principal

Mrs. N. Polhuis
Vice Principal

Miss C. Hall
Secretary

Quinson is PEANUT AWARE

Please be sure to NOT send any peanut or tree nut products as we have students and staff with an airborne anaphalactic allergy which is life threatening. We need to work together to keep our children and staff safe!



Updated Quinson Safety Protocols and Procedures

Health Check

As stated in the opening message, please perform the Health Check with your child EACH morning prior to arrival at school.

Personal Prevention Strategies

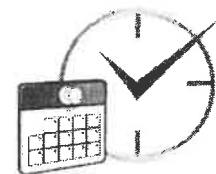
- Hand Hygiene
- Distancing where possible
- Mask wearing: Although we have masks available at school, please send your child with a mask, if possible.
 - If your child meets the criteria for mask exemption, please call the school to discuss
 - If you have already called to discuss mask exemption this school year, there is no need to call again.

Learning Space Configuration and traffic flow

- We have worked to organize and adapt our learning spaces to effectively space students out as best we can. We are trying to limit the amount of time students are seated facing each other. We have also taped floors to create visuals for students, staff and visitors to direct traffic flow in our common spaces.
- We are aiming to decrease congestion and amount of contacts students are having with other classes in the school. As a result, we are asking that students get dropped off as close to school start time as possible, and stay in their morning "zones" until the bell rings. Classroom zones for the morning are around their entrance doors (there is a map attached).
- We have had a staggered lunch for the duration of the school year, and will now be staggering recess as well. The schedule is below.

Quinson Elementary Bell Schedule: 2021/2022

Warning Bell	8:35
Classes Start	8:40
Recess #1 Begins (Divisions 6,7,8,9,11)	10:00
Recess #1 Ends	10:15
Recess #2 Begins (Divisions 1,2,3,4,5,10)	10:15
Recess Ends	10:30
Lunch Begins	12:00
Lunch Ends	12:40
Dismissal	2:32



Please remind your children that they are NOT to be on school grounds during operational hours on days they are not in attendance. The grounds are only open to staff and students who are scheduled to be at school. **Operational Hours: 8:25 AM - 2:52 PM.**

Parents/Visitors

- If a visitor or non-site based staff is required to enter school, the individual needs to practice diligent hand hygiene, wear a mask, and maintain physical distance where possible.
- There is a sign-in sheet for contact tracing at the entrance of the main doors that needs to be filled out before checking in at the office.
- Like last year, we ask that parents make appointments with school staff prior to coming to the school to limit outside visitor congestion in our school.
- Parents and caregivers should remain outside of the school to drop off and pick up their children

Kindergarten Registration

On-line pre-registration is required for Kindergarten in all School District No. 57 elementary schools. On-line registration will take place beginning at 9:00 am on Tuesday, February 1st, 2022 at www.sd57.bc.ca. Children whose fifth birthday falls on or before December 31, 2022 are eligible to enter Kindergarten in September 2022. Upon submission of the online registration, you will receive an e-mail confirmation along with a link to additional forms requiring completion. Bring completed forms, along with your child's original Birth Certificate, Care Card, and 2 pieces of proof of address, to the school in order to retain your spot. Staff at the school will be available to assist you as required. For more information please refer to Policy 5119 – School Catchment Areas, Registration and Student Transfers available at www.sd57.bc.ca

Student Transfer Process

A student transfer to another school in the district may be requested as outlined below:

- All transfer applications must be made using the electronic form available at www.sd57.bc.ca. Application details are available on the website and are also available at the general office of any district school.
- An application may be made from any computer with Internet access. Applications may also be made in person at the general office of any district school.
- A time and date is automatically assigned to each application received. Applications will be considered in order of receipt. Note that an application made in person does not take effect until the school enters it in the online system.
- The online application form process will record applications in the order received between 9:00 am on February 14th and ends at 3:00 pm on February 25th
- Once a transfer is granted, the student must not return to the catchment area school for at least one school year.
- Parents wishing the return of their child to the previous school must make an application under this policy.
- Parents are responsible for transportation to and from the school they are applying to.
- All transfers will be effective September 2022.
- For more information, please refer to Policy 5119 – School Catchment Areas, Registration and Student Transfers available at www.sd57.bc.ca or at the general office of any district school.

Counselling Corner

Counsellor's Corner from Ms. Mac

Mental Health Tips for Children's Worries (from KidsHealth.org)

- **Listen with patience.** When kids and teens want to talk, listen with your full attention. Give them time to put their thoughts and feelings into words. Ask questions to hear more. Don't be too quick to give advice. Let them confide. Listen calmly to what they have to say.
- **Validate.** Let kids know you understand. Say it's okay to feel how they feel. Tell them their feelings are normal. Try not to say, "There's nothing to worry about." This can make kids think they shouldn't feel the way they do. Instead, listen calmly and accept how they feel. That makes it easier for kids to share.
- **Help kids think of how to handle things.** Help them feel capable. Don't jump in to solve things for them. Instead, invite kids and teens to think of what they can do. Support their good ideas. Talk it through together. Remind them of times they tried something new and it went well. Offer to help as needed
- **Help them practice.** When possible, help kids break a new thing into small steps. Let them practice one step at a time as they build toward their goal. Celebrate each success



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Community Schools Corner

Welcome to January of 2022!! Welcome back everyone. Please the outline below for our lunch and after school programs.

MONDAY

Lunch

- Lego (Div 1&2)

After School

- Basketball (Grade 5-7 Girls) (2:30 – 3:30)

TUESDAY

Lunch

- Lego (Div 3&4)
- Basketball (Grade 5-7 Girls)

After School

- Basketball (Grade 5-7 Boys) (2:30 – 3:30)

WEDNESDAY

Lunch

- Basketball (Grade 5-7 Boys)

After School

- Indoor Soccer (Grades 3-5: Beginning Jan 19) (2:30 – 3:30)

THURSDAY

Lunch

- Leadership Meeting

After School

- X-Country Skiing (Grade 6/7-beginning Jan 20) (2:30 – 4:00)



If your child is needing a face mask, I have some cloth reusable face masks available for students. I have kid's sizes (S/M and L/XL). They are in a package of three. If your child is interested in one, please see Mr. Eberle.

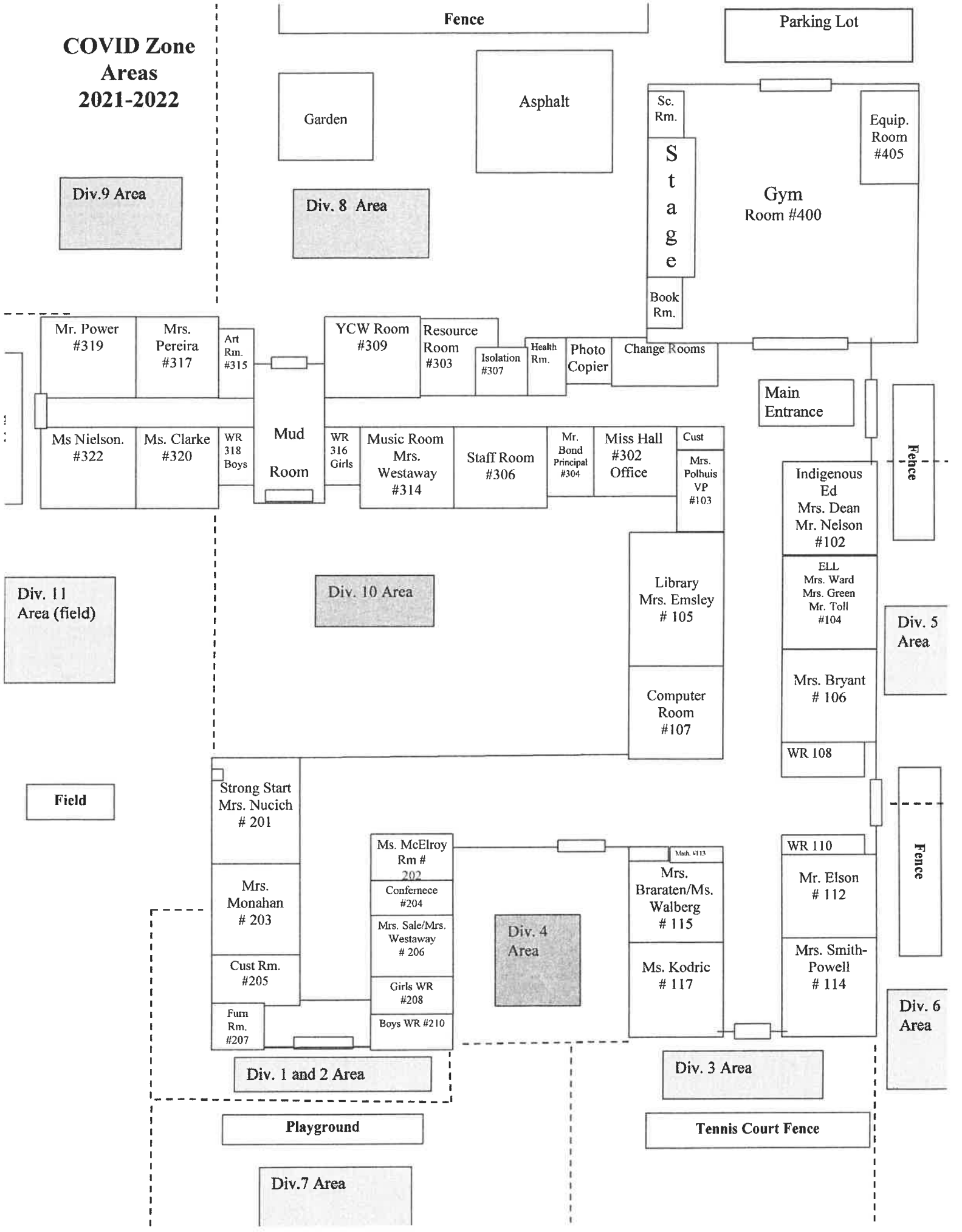
Parent Advisory Council (PAC)



Monday, January 10th we will host the PAC meeting via zoom at 6:30pm.

We are also offering a free hot lunch for all students on Wednesday, January 19. So take the night off from packing lunches!!

COVID Zone Areas 2021-2022





SCHOOL DISTRICT NO. 57 (PRINCE GEORGE)

2100 Ferry Avenue, Prince George, B.C. V2L 4R5

Phone: (250) 561-6800 Fax: (250) 561-6801
www.sd57.bc.ca

DAILY HEALTH CHECK for Students, Staff and Visitors

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38 degrees) Chills Cough Difficulty Breathing Loss of Sense of Smell or Taste	If yes to 1 or more of these symptoms: <ul style="list-style-type: none">Stay home and get a health assessment. Contact health care provider or 8-1-1 about your symptoms and next steps.
OTHER SYMPTOMS	WHAT TO DO
Sore throat Loss of appetite Headache Body aches Extreme fatigue or tiredness Nausea and vomiting Diarrhea	If yes to 1 symptom: <ul style="list-style-type: none">Stay home until you feel better If yes to 2 or more of these symptoms: <ul style="list-style-type: none">Stay home for 24 hours. If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.
INTERNATIONAL TRAVEL	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: <p>All students and staff who have travelled outside of Canada are required to self-quarantine for 14 days after arrival under both provincial and federal orders.</p> <p>This includes students who are attending school from abroad. Students from outside of Canada should plan to arrive in Canada at least two weeks before they are scheduled to attend school to adhere to the self-quarantine orders.</p>
CLOSE CONTACT	WHAT TO DO
Have you been contacted by public health and notified that you are a close contact of a person confirmed to have COVID-19?	If yes: <p>Please follow the instructions provided by Public Health.</p> <p>You can call 8-1-1 anytime to get advice about how you are feeling and what to do next. Pay attention to how you are feeling. If it becomes harder to breathe, you can't drink anything or feel much worse, seek urgent medical care at an urgent care clinic or emergency department.</p>

Check your symptoms with the [K-12 Health Check](#). If you have questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to the [BCCDC Website](#). If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.