

November 5, 2021



Quinson Elementary School

251 Ogilvie St. South, Prince George, BC
250-562-1161

www.quin.sd57.bc.ca

Principal: Andrew Bond

Vice-Principal: Nicole Polhuis

Hadih Parent(s)/Guardian(s), Staff, and Students,

Thank you to parents, guardians and teachers for taking the time out of busy schedules to meet and discuss students' learning at our Parent-Teacher Conferences. If you did not have the opportunity to attend these meetings, please contact your child's teacher to set up a meeting time.

Halloween was a lot of fun at school. We were impressed with how many students and staff dressed up this year. We hope that everyone had fun trick or treating with their families.

November is an opportunity to pause, reflect and thank those who have served our country both in the past and present. Quinson will be having two assemblies this year; A Primary assembly at 9:40am and an Intermediate at 10:40am. Please take time on November 11th with your family to pay tribute to our soldiers and stop and observe a minute of silence at eleven o'clock.

With winter weather coming soon, please make sure your child comes to school with appropriate clothing for the season. If you are in need of winter jackets or any other clothing, please contact the school as we receive plenty of donations.

We have also been focusing on Dakelh words of the week this year. The words/ phrases for the month of October were:
Hoonust'i (oo-nus-tee)- I am happy
Hodulhu'eh (oh-del-ee-ay)- I am learning
Danint'oh (dah-nin-toe)- How are you?
Bundada hoonzoo (bun-da-da-hoon-zoo)- Good morning

If you want more information on Dakelh learning opportunities visit our district Indigenous Education Website at:

<https://www.sd57indigenouseducation.com/>, including a Lheidli Dakelh Dictionary at <http://www.billposer.org/LheidliCarrierDictionary/>

Mr. A. Bond
Principal

Mrs. N. Polhuis
Vice Principal

Mrs. J. Krafta
Secretary

Important Dates

Nov 8- PAC Meeting (6:30pm)

<https://ca01web.zoom.us/j/69521047626?pwd=Smt0MVpUa1hKYnE30FBZTHAwOVA3dz09>

Meeting ID: 695 2104 7626
Passcode: 479312

Nov 10- Remembrance Day Ceremony

Nov 10 – Subway Hot Lunch

Nov 11 – Remembrance Day (no school)

Nov 26 – Pro D Day (no school)

Dec 7-Primary Report Writing Day

Dec 20 – Jan 4 – Winter Break (no school)

Jan 31 – Pro D Day (no school)

Feb 17- Primary Report Writing Day

Feb 21 – Family Day (no school)

Mar 14 – March 25 – Spring Break (no school)

April 15 – Good Friday (no School)

April 18- Easter Monday (no school)

April 29 – Pro D Day (no school)

May 23 – Victoria Day (no school)

June 28 – Last Day of School

Quinson is a PEANUT AWARE

Please be sure to NOT send any peanut or tree nut products as we have students and staff with an airborne anaphalactic allergy which is life threatening. We need to work together to keep our children safe!



Quinson Elementary Bell Schedule: 2021/2022

| | |
|---------------|-------|
| Warning Bell | 8:35 |
| Classes Start | 8:40 |
| Recess Begins | 10:15 |
| Recess Ends | 10:30 |
| Lunch Begins | 12:00 |
| Lunch Ends | 12:40 |
| Dismissal | 2:32 |

Please do not drop students off before outside supervision begins – school doors are kept locked and there are no adults easily available if there is an emergency. Please make alternate childcare arrangements prior to morning supervision beginning. Similarly, it is expected that students leave the school grounds promptly after dismissal; supervisors are there to encourage students to head home.

Please remind your children that they are NOT to be on school grounds during operational hours on days they are not in attendance. The grounds are only open to staff and students who are scheduled to be at school. **Operational Hours: 8:25 AM up to 2:52 PM**

Parent Advisory Council (PAC)

Nov 10: Subway lunch

Nov 12: Purdy's Fundraiser deadline, orders due by 9 a.m.. You can fill out the form in the catalog sent home earlier and submit it to the PAC Box outside the school office with cash, or order online by following these steps:

1. Sign in or create a new supporter account by visiting fundraising.purdys.com
2. If you're creating a new account, please enter customer number 36763 on the registration page.
3. If you're signing into an existing account, enter our number (36763) into the search bar that will come up after you've signed in.
4. Click on JOIN CAMPAIGN.

Nov 29: Purdy's Order delivery. Orders will be sent home with students. If you would like to make arrangements for picking up your order, please email quinsonpac@gmail.com

Nov 30: Dielman Order delivery. Orders will be sent home with students. If you would like to make arrangements for picking up your order, please email quinsonpac@gmail.com

Indigenous Education

Hadih Quinson Families! We hope you had a good Halloween and are ready for the next 5 weeks until Winter Break. Mr. Nelson and Mrs. Dean are getting ready to invite grade 3 - 5 students to an afterschool beading club that will start on Tuesday, November 9th. We will be making beaded animal key chains and loom beaded bracelets. This program will run from November 9th through to the end of January. Please keep an eye out for permission forms to come home. We have limited spots and only the first 12 students who get their forms in on time will be included. Additional days might be added if there is more interest.

Now that the weather is getting colder, we want to remind you that we have a selection of winter jackets that were part of a donation we received last year. If you need a winter jacket for your child, please call (250-562-1161) or email, Mrs. Dean (cdean@sd57.bc.ca) or Mr. Nelson (bnelson@sd57.bc.ca).

We would also like to remind parents that Mr. Nelson and Mrs. Dean are available to meet with any parents/guardians each morning for coffee. Please reach out and come visit! We are here to support you with anything you might need.

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Library Corner

Red Cedar Book Club

Starts November 8th, 2021

Open to all students in Grades 5-7

When: Mondays

Where: Mrs. Emsley's Rm-Div 3

The **Red Cedar Book Awards** are British Columbia's free young readers' choice awards developed for kids in grades 4-7.

Every school year, kids, teachers and families all over BC read books from the Red Cedar Book Awards nomination lists. They can do this individually or as a group! In late spring, kids vote for their favourite fiction and information books and the winners are announced before the end of the school year.

Started in 1998, the Red Cedar Book Awards were created to inspire children, families, and teachers in British Columbia to read Canadian fiction and non-fiction books written for kids. The Red Cedar Book Awards promote literacy and give kids across BC a fun reading program during the school year.

The Red Cedar Book Awards are administered by the Young Readers' Choice Society of British Columbia and are supported by generous donors from across the province.

For more information check out <https://www.redcedaraward.ca/>

Any questions please email memsley@sd57.bc.ca

bookishly,

Melanie Emsley

The following Books will be read by the Quinson Red Cedar Team. Check out the next newsletter to find out who is on this years team.

RED CEDAR BOOK AWARD - 2021/2022
OFFICIAL Nominated Books – Non-FICTION

Winners to be announced May/June 2022

| Title | Author | Illustrator | Publisher |
|--------------|---------------|--------------------|------------------|
| | Jude Isabella | Kim Smith | Kids Can Press |

Bringing Back the Wolves: How a Predator Restored an Ecosystem

| | | | |
|---|--|--------------------------------|-----------------|
| Chemical World: Science in our Daily Lives | Rowena Rae | | Orca |
| How I Survived: four Nights on the Ice | Serapio Ittusardjuat | Matthew K. Hoddy | Inhabit media |
| In The Dark: The Science of What Happens at Night | Lisa Deresti Betik | Josh Holinaty | Kids Can Press |
| One Earth: People of Color Protecting Our Planet | Anuradha Rao | | Orca |
| Powwow: A Celebration through Song and Dance | Karen Pheasant-Neganigwane | Mike Shiell | Orca |
| Pretty Tricky: The Sneaky Ways Plants Survive | Etta Kaner | Ashley Barron | Owlkids |
| Sea Otters: A Survival Story | Isabell Groc | | Orca |
| The Boreal Forest | L.E. Carmichael | Josee Bisillon | Kids Can Press |
| The Eagle Mother | Brett D. Huson | Natasha Donovan | Highwater Press |
| This is Your Brain on Stereotypes: How Science is Tackling Unconscious Bias | Tanya Lloyd Kyi | Drew Shannon | Kids Can Press |
| Trending: How and why Stuff gets Popular | Kira Vermond | Clayton Hanmer | Owlkids |

If your child isn't joining the club but is searching for a good read these books are found locally at Books and Company down-town.

Classroom Library Book Exchange Days

| Teacher | Div | Exchange Day |
|--------------------|-----|--------------|
| Sale / West | 1 | Friday |
| Monahan | 2 | Thursday |
| Smith-Powell | 3 | Friday |
| Walberg / Braraten | 4 | Friday |
| Bryant | 5 | Monday |
| Kodric | 6 | Thursday |
| Elson | 7 | Friday |
| Pereira | 8 | Wednesday |
| Power | 9 | Thursday |
| Clark | 10 | Monday |
| Nielson | 11 | Wednesday |

Counselling Corner by Ms. Mac



How can you support your child's mental health?

Each month I'll put together some tips about supporting mental health at home.

This first month, we'll start with the basics: HEALTHY HABITS

1. **SLEEP:** A good amount of sleep helps kids manage their feelings better during the day and helps give them the brain power needed for learning (kids and teens usually need 10+ hours)
2. Healthy **BREAKFAST** to start the day gives the brain energy for the day! (Don't forget we have breakfasts before school starts, in the gym, .25 cents a day or \$5 for the whole month. Mrs. Normand provides: cereal & milk, yogurt, cheese, toast or bagels, and apple sauce)
3. **PLAY OUTSIDE:** exercise and the outdoors both boost our mood and help us keep healthy & happy. Walks together, swimming at the pool, or some sledding in winter, all will help build healthy habits for health.

Community Schools Corner

MONDAY

Lunch: Lego (Div 1 &2)

After School:

Running Club (Gr. 4/5)

Art (Gr 2-4)

TUESDAY

Lunch: Lego (Div 3/4)

After School: Volleyball (Gr 6-7)

WEDNESDAY

Lunch: Volleyball (Girls)

After School: Disc Golf (Gr 6-7)

THURSDAY

Lunch: Volleyball (Boys)

After School: MMA (Gr 6-7)

Our Art program is ending on Nov 15, but we will have another Art Program in January. Our Running Program is being extended until December 13. There are some openings in this group, so come see Mr Eberle for more information. Volleyball is ending in December and we will be starting Basketball on December 7. Our MMA program is continuing until December 16.

If there are any questions, please see Mr Eberle!!