



Please join us for:

# **COMMUNITY CONVERSATION on Mental Wellness and Suicide Prevention for Youth and their caregivers**

**WEDNESDAY MAY 15th 2019, 6PM TO 7:30PM John  
McInnis School, Westwood Drive**

- **Learn more about how to talk about suicide**
- **Find health and wellness resources for your family**

We invite all members of the community to join us to learn more about how support mental wellness and talk openly about suicide.

Local service providers who support mental health and wellness will be onsite to share information on services and how to access support for you, your young person and your family.

